

# BEAT THE HEAT 2023

## WHAT IS HEAT STRESS?

It's when your body's core temperature and heart rate rises to unhealthy levels. This excess heat comes from a combination of regular body function plus environmental conditions (like temperature, humidity, air movement, and radiant heat).

In extremely hot and intense work conditions, each of these factors can result in the body being overwhelmed by not cooling itself down properly which can lead to dehydration, heat exhaustion or heat stroke.

## HEAT EXHAUSTION

DIZZINESS  
EXCESSIVE SWEATING  
ELEVATED BODY TEMPERATURE  
NAUSEA OR VOMITING  
RAPID, WEAK PULSE  
MUSCLE CRAMPS



## HEAT STROKE

THROBBING HEADACHE  
NO SWEATING  
RED, HOT, DRY SKIN  
NAUSEA OR VOMITING  
RAPID, WEAK PULSE  
MAY LOSE CONSCIOUSNESS

## ICE RIVER WATER

Natural spring water in a 100% recycled bottle

1186406



500 ML  
24 PACK

NOT AVAILABLE IN ALL LOCATIONS

## 10Z PUMP SPOUTS

Allows user to pump Sqwincher concentrate into a cup or bottle to mix with water

55541452



5 GALLON YIELD

## QWIK STIK ZERO 0.11 OZ POWDER

Zero sugar & calorie electrolyte drink in a single serve packet, just add water



50 PACK

MIXED BERRY  
1177997

ORANGE  
1177996

STRAWBERRY  
LEMONADE  
1177999

## 4OZ PAPER CONE CUP, 200 PK

55555702



## 64 OZ CONCENTRATE

Mix liquid concentrate and water in a 9:1 Ratio for the perfect electrolyte drink

GREAT FOR 5 GALLON COOLERS

FRUIT PUNCH  
1177992

ORANGE  
1177991

LEMON  
1177994

## SQWEEZE FREEZER POPS

Electrolyte replacement freeze pops, just freeze and serve

COMES IN ASSORTED FLAVORS

1178000



10 PACK

## TICK REMOVAL TOOL / 2 PACK

Two piece tick removal tool allows for the safe removal of the entire tick even in difficult locations

55541302



## TICK REMOVAL KEY

Uses natural forward leverage to remove the entire tick quickly and safely without squishing

55541384

AVAILABLE IN ASSORTED COLOURS



## AFTER BITE OUTDOOR GEL TUBE

Gel formula with antihistamine provides powerful relief for itches from bug bites

20 G

55541385



## OFF! DEEP WOODS TICK REPELLANT

Long-lasting protection against ticks (may cause Lyme Disease), mosquitoes and biting flies, stable flies, black flies and sandflies. Repels chiggers, fleas, gnats, no-see-ums formulated with 25% DEET

55557321



## WASP AND HORNET KILLER

Rapid contact kill and residual kill of wasps and hornets returning to the treated nest



55529799



## MAXIMUM DEFENSE INSECT REPELLENT

DEET-based formulas contain natural ingredients including aloe vera and more for 6 hours of effective protection

55537882



## PELICAN ELITE COOLER

- Extreme ice retention
- Press & Pull Latches
- Integrated Cup Holders

20 QUART

55541456

## IGLOO ICE CHEST

Swing up handles for portability and a 52 quart capacity holds up to 85 cans

1188532



52 QUART



## IGLOO COOLER

Keeps ice up to 3 days in 32 degree heat and features an angled, drip resistant spigot for easy dispensing

1188531

5 GAL



## V-GARD C1 HARD HAT

ReflectIR™ Thermal Barrier technology to keep the inside of the hard hat up to 11°C cooler and full brim design adds 12% additional shade coverage



55556650



## COOLING SKULL CAP

When wet, cooling is immediate and can last for hours



55537940

## HARD HAT NECK SHADE W/ COOLING TOWEL

Cooling activates quickly with water up to 4 hours

55537928



## HARD HAT BRIM MESH W/ SHADE

Hi-visibility reflective mesh neck shade fits most hard hats

55537950



## PVA COOLING TOWEL

Dampen towel to create a cooling aid significantly colder than ambient air for hours

55537926



## COOLING TOWEL BANDANA

PVA material activates quickly when run under water for one minute

55537930



## TERRY CLOTH SWEAT BANDS W/ VELCRO CLOSURE

Made of absorbent terry cloth to offer additional comfort

1178315



10 PACK

## SHAX 6100 INDUSTRIAL UMBRELLA 7'

Adjustable height, weatherproof canopy, ultimate durability, all-over sun protection

55537945



## SHAX 6190 STEEL UMBRELLA STAND

Ultimate durability, compact design, no stakes required

55537946



## MULTI-BAND

Hi-tech moisture management fabric dries fast, blocks wind, sun and dust



55537952



## CHILL-ITS 6710 EVAP COOLING TRIANGLE HAT

Activate by soaking in water for 2-5 minutes, just soak in water to re-activate

55537925



## HI-VIS POLY T-SHIRT

Moisture wicking, birds eye poly mesh keeps you cool and visible

MEDIUM 55538793

LARGE 55538792

X-LARGE 55538795

XX-LARGE 55538788

## SHAX 6098 POP-UP TENT SIDEWALL 10X10' LIME

300D polyester shell with PU and UV coatings, hook & loop straps for easy attachment to the tent legs

55537949



## LIGHTWEIGHT ADJUSTABLE HEIGHT POP-UP TENT

210D polyester top with PU coating, adjustable up to 14' height

55537943



Use these **Weight Bags** to weigh down your tent  
500 denier polyester bags with PU backing to provide protection against rain

55537948



SET OF 2

10 X 10'

# sun zone®

## SPF 50+ ULTRA LOTION

Non greasy and fragrance free formula provides water resistant protection against UVA/UVB rays

55537898



## SPF 50+ SUNSCREEN SPRAY

Light and non greasy spray provides water resistant, broad spectrum protection against UVA/UVB rays

55552937



## SPF 50+ ULTRA LOTION

Non greasy and fragrance free formula provides water resistant protection against UVA/UVB rays

55537892



## SPF 50+ MINI SPRAY

Light and non greasy spray provides water resistant, broad spectrum protection against UVA/UVB rays

55537893



# PROTECT YOUR EYES FROM GLARE

## PYRAMEX GOLIATH EYEWEAR

Sun glare can reduce vision and cause hazards to become harder to spot. Safety glasses with dark, reflective or polarized tints help cut through the glare to make it easier to see and spot hazards while providing Z94.3 rated impact protection



**POLARIZED LENS** 0290324

**ICE ORANGE MIRROR LENS** 0290322

**GREY LENS** 1177003

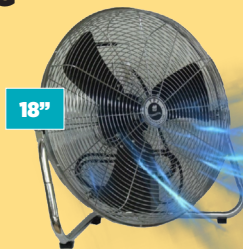
# INCREASE AIRFLOW

Sweating and evaporative cooling products work much more effectively with air movement. It increases the rate that water and sweat evaporates, cooling the body quicker.

## CIRCULATING FAN

- 1/5 HP, 1600 CFM
- Rotary switch
- Steel hub/spider aluminum paddle blades

55531586



## SUNSCREEN LOTION SPF30 POUCH

Grab and go individual  
sunscreen pouch

55537886

10 ML



## CIRCULATING WALL FAN

- Oscillating 1/4 HP, 4200 CFM
- Steel hub/spider aluminum paddle blades
- Coated steel guards with retaining clips

55531588



30"

## PEDESTAL FAN

- 1/4 HP, 6,000 CFM
- Non-oscillating
- Adjustable pole moves center of fan from 43" to 60"

55531583

30"



42"

## PORTABLE BLOWER

- 1/2 HP, 8700 CFM
- 8" rubber wheels
- Aluminum 3-paddle blade
- 2-speed

55531592

